

IT STARTS IN HER HEAD

The Brain's Crucial Connections to Women's Wellness

Learn about cutting edge research & how increased understanding of the brain may help prevention, diagnosis & treatment of health conditions that are significant for women.

FRIDAY, JUNE 17, 2016

Holiday Inn (University Area), Charlottesville, VA

8 - 8:45 A.M.

REGISTRATION, COFFEE & VISIT EXHIBITS

8:45 - 8:55 A.M.

WELCOME & INTRODUCTION

Miriam A. Bender, Chair, Women's Health Virginia

8:55 - 10:15 A.M.

NEW FRONTIERS OF BRAIN RESEARCH

The NIH BRAIN Initiative, new technologies, ground-breaking findings about the brain & immunity

Michelle Freund, PhD, Scientific Program Coordinator, Office of Technology Development & Coordination, National Institute of Mental Health, NIH

Jonathan Kipnis, PhD, Harrison Distinguished Teaching Professor of Neuroscience, Department of Neuroscience, UVA School of Medicine; Director, UVA Center for Brain Immunology & Glia (BIG)

10:15 - 10:35 A.M.

COFFEE & VISIT EXHIBITS

10:35 A.M. - 12:05 P.M.

PAIN IN THE HEAD & MIND: MIGRAINES, MOOD & MORE

Headaches including migraines & mood disorders including depression & anxiety; differences between sexes

Jonathan Bekenstein, MD, PhD, Associate Professor of Neurology, Virginia Commonwealth University School of Medicine

Pearl Chiu, PhD, Assistant Professor, Virginia Tech Carilion Research Institute, VT Department of Psychology, & VTC School of Medicine, Department of Psychiatry & Behavioral Medicine

12:05 - 12:50 P.M.

RESPONSES TO FOODS & DRUGS : PATHWAYS & ADDICTION

Effects of different substances; development of addiction

James M. Bjork, PhD, Associate Professor, Departments of Psychiatry, Pharmacology & Toxicology, Institute for Drug & Alcohol Studies, Virginia Commonwealth University

12:50 - 1:50 P.M.

LUNCHEON

Enjoy the meal, meet speakers & colleagues, visit exhibits

1:50 - 3:20 P.M.

TRAUMA TO THE BRAIN & MIND

Direct & indirect injuries, including concussion & PTSD, from experiencing violence or other trauma

Donna K. Broshek, PhD, Professor, Psychiatry & Neurobehavioral Sciences & Education; Co-Director, Brain Injury & Sports Concussion Institute, UVA Health System

John Benesek, PysD, LCP, PTSD Program, McGuire Veterans Administration Medical Center

3:20 - 3:35 P.M.

STRETCH BREAK

3:35 - 4:50 P.M.

THE AGING BRAIN: RISKS & CHALLENGES FOR SUCCESSFUL AGING

Neurological disease, neurodegeneration, decline in mental functioning & cognition, stroke, dementia, Alzheimer's disease; practices & interventions that promote successful aging

Paul F. Aravich, PhD, Behavioral Neuroscientist & Professor of Pathology & Anatomy, Geriatrics, & Physical Medicine & Rehabilitation, Eastern Virginia Medical School

For more information, see www.womenshealthvirginia.org, e-mail info@womenshealthvirginia.org or call 434-220-4500