Women’s Health Virginia 12th Annual Conference on Women’s Health

Growing Girls Strong: Strategies for Building Life Skills & Preventing High Risk Behavior

Friday, June 12 – Doubletree Hotel, Charlottesville, VA

8:00 – 8:40 a.m.  Coffee, registration and visit exhibits

8:40 - 8:50 a.m.  Welcome and Introduction
Miriam A. Bender, Chief Executive Officer, Women’s Health Virginia

8:50 – 10:00 a.m.  Giving Girls the Tools to Thrive
Cindy Carlson, MEd, Director, Hampton Coalition for Youth, Hampton
Colleen A. Kraft, MD, FAAP, Medical Director, Medical Home Plus, Richmond; Immediate Past President, Virginia Chapter, American Academy of Pediatrics

10:00 – 10:20 a.m.  Break and visit exhibits

10:20. – 11:45 a.m.  Building the Foundation: Early Childhood
Katherine C. Kersey, PhD, Professor and Chair, Department of Early Childhood, Speech Language Pathology and Special Education, Old Dominion University, Norfolk
Susan R. Geller, MS, President, Wingspan, Glen Allen
Cristy Nibblins, Extension Agent, 4H Youth Development, Culpeper

11:45 a.m. – 12 noon  Break and visit exhibits

12 noon - 1:20 p.m.  Luncheon
An opportunity to converse with the speakers and colleagues

1:20 - 2:45 p.m.  Moving towards Adolescence: Middle Childhood
Lynne Haverkos, MD, MPH, Program Director, Pediatric Behavior and Health Promotion, Eunice Kennedy Shriver National Institute of Child Health and Human Development, National Institutes of Health
Cindy Angus, MSM, RN, Wellness Director, YMCA of Greater Richmond
Colleen C. Dougherty, Board of Directors, Girls on the Run of Greater Lynchburg

2:45 – 2:55 p.m.  Stretch Break

2:55 - 4:20 p.m.  Moving towards Adulthood: Teen Years
Angela Huebner, PhD, Associate Professor, Human Development, Virginia Tech, Northern Virginia Center, Falls Church
Nancy Deutsch, PhD, Assistant Professor, Curry School of Education, University of Virginia, Charlottesville
Laura Yager, MEd, LPC, Director, Prevention, Resource Development & Community Relations, Fairfax-Falls Church Community Services Board, Fairfax

4:20 - 5:00 p.m.  Voices of Youth
Arielle Rosmarino, Glenvar High School, Roanoke, Class of 2009, participant in Roanoke Prevention Council for Youth
Portia Henry, University of Virginia Class of 2010, former participant in Hampton Coalition for Youth
Rachel Pennington, University of Virginia Class of 2012, 4-H participant originally from Rockingham County